

## Station 3 Evaluation Form

August 2022 - May 2023

### General Items

#### Did the candidate:

1. greet the patient?
2. properly wash their hands for 20 seconds and dry them completely?
3. clean/disinfect the phoropter properly?

### **SKILL 14, RETINOSCOPY**

#### Did the candidate:

4. measure and accurately state the patient's distance PD?
5. explain the purpose of the procedure to the patient?
6. set the phoropter to the obtained distance PD?
7. align and level the phoropter properly?
8. provide appropriate fixation letter(s) for the patient (> or = 20/100)?
9. give adequate instructions to the patient (e.g., able to view the fixation target) and **state working distance?**
10. repeat retinoscopy OD to counteract potential effects of initial inadequate fogging of the patient **and then turn on overhead room lights?**
11. accurately determine the correct sphere power, OD?
12. accurately determine the correct cylinder power, OD?
13. accurately determine the correct cylinder axis, OD?
14. accurately determine the correct sphere power, OS?
15. accurately determine the correct cylinder power, OS?
16. accurately determine the correct cylinder axis, OS?
17. accurately state the obtained net findings OD?
18. accurately state the obtained net findings OS?
19. perform the procedure in a smooth and logical sequence?

### **SKILL 15, DISTANCE SUBJECTIVE REFRACTION**

#### Did the candidate:

20. explain the purpose of the procedure to the patient?

#### In performing a monocular subjective refraction on each eye, did the candidate:

21. provide moderate illumination?
22. provide an appropriate line/chart of letters (< or = 20/40)?
23. provide instructions to the patient?
24. accurately determine the sphere power, OD?
25. accurately determine the cylinder power, OD?
26. accurately determine the cylinder axis, OD?

27. accurately determine the sphere power, OS?
28. accurately determine the cylinder power, OS?
29. accurately determine the cylinder axis, OS?
30. accurately state the obtained findings OD?
31. accurately state the obtained findings OS?
32. accurately state the monocular distance VA OD?
33. accurately state the monocular distance VA OS?

**In performing a prism dissociated binocular balance, did the candidate:**

34. provide instructions to the patient?
35. dissociate the patient with vertical prism, split between the two eyes, in the phoropter?
36. fog both eyes by +0.50D to +0.75D?
37. balance the patient's eyes accurately and properly?

**After completing a prism dissociated binocular balance, did the candidate:**

38. properly determine an appropriate binocular endpoint?
39. accurately state the obtained findings OD after the binocular balance?
40. accurately state the obtained findings OS after the binocular balance?
41. accurately state the obtained binocular VA?

**Did the candidate:**

42. perform the procedures in a smooth and logical sequence?
43. educate and explain their findings to the patient (avoid using jargon)?

**SKILL 16, HETEROPHORIA AND VERGENCE TESTING AT DISTANCE**

**Did the candidate:**

44. explain the purpose of the procedures to the patient?
45. align and level the phoropter properly?
46. select an appropriate distance fixation target (< or = 20/40 letter or line)?

**PROCEDURE 1-In measuring von Graefe heterophorias at distance, did the candidate:**

47. provide proper instructions to the patient (ensuring fixation with the eye viewing through dissociation prism)?
48. properly perform the horizontal phoria measurement and accurately state the obtained findings, including magnitude and direction (e.g., "2 pd exo" or "4 pd eso")?
49. properly perform the vertical phoria measurement and accurately state the obtained findings, including magnitude, direction and eye (e.g., "1 pd right hyper")?
50. perform the procedure in a smooth, efficient, and logical sequence (moving prism smoothly and at an appropriate rate)?

**PROCEDURE 2-In measuring horizontal vergence at distance, did the candidate:**

51. provide proper instructions to the patient?
52. properly perform the BI vergence measurement and accurately state the direction, blur, break and recovery findings?
53. properly perform the BO vergence measurement and accurately state the direction, blur, break and recovery findings?
54. perform the procedure in a smooth and logical sequence (moving prisms smoothly, simultaneously and at an appropriate rate)?

**PROCEDURE 3-In measuring vertical vergence at distance, did the candidate:**

55. provide proper instructions to the patient?
56. properly perform the supra vergence measurement (break, recovery) and accurately state the obtained findings (magnitude and eye)?

57. properly perform the infra vergence measurement (break, recovery) and accurately state the obtained findings (magnitude and eye)?
58. perform the procedure in a smooth and logical sequence (moving prism smoothly and at an appropriate rate)?

**Did the candidate:**

59. educate and explain their findings to the patient (avoid using jargon)?

**SKILL 17, ACCOMMODATION TESTING**

**Did the candidate:**

60. explain the purpose of the procedure to the patient?
61. set and converge the phoropter to the patient's near PD?

**In performing the binocular crossed-cylinder test at near, did the candidate:**

62. ask/confirm the patient's preferred reading distance?
63. accurately position the near point card?
64. reduce the illumination to an appropriate level?
65. provide proper instructions to the patient?
66. properly and accurately perform the procedure (acceptable to stop if it is greater than -1.00D)?
67. accurately state the obtained finding (e.g., "lag of +0.25D", "plano", or "lead of accommodation greater than minus 1")?

**In measuring relative accommodation, did the candidate:**

68. increase the illumination to a level appropriate for reading?
69. select an appropriate target (< or = 20/40 line)?
70. provide proper instructions to the patient (asking for first sustained blur)?
71. state the near base being used for NRA and PRA (distance subjective refraction or BCC findings)?
72. change lenses simultaneously before the patient's eyes at an appropriate rate?
73. properly and accurately measure the NRA?
74. accurately state the obtained NRA finding relative to the patient's near base (distance subjective refraction or BCC)?
75. properly and accurately measure the PRA (acceptable to stop if measurement exceeds -3.00 D)?
76. accurately state the obtained PRA finding relative to the patient's near base (distance subjective refraction or BCC)? (if measurement exceeds -3.00D, state "PRA is greater than -3 diopters")
77. perform the procedures in a smooth and logical sequence?
78. educate and explain their findings to the patient (avoid using jargon)?

**SP SCORING**

**Did the candidate:**

79. greet you in a professional manner?
80. provide an understandable explanation for the purpose of the skills?
81. provide you with clear instructions throughout the station?
82. perform the station skills in a smooth and efficient manner?
83. maintain a professional demeanor during the timed portion?
84. maintain proper hygiene throughout the station?
85. provide you with understandable explanations of your findings?